

# Middle & High School Enrichment Course Descriptions 2025 - 2026



## **Art**

Throughout the year, students will study the elements of art and apply them in a variety of forms to student generated works of art. Students will create a portfolio of work and the year will culminate with an art show where students display their best work.

## **PE**

Students will learn health and wellness core concepts and develop motor skills, knowledge, and behaviors for physical fitness through participation in structured exercises, games, and team sports.

## **Science Lab**

Students will learn about the scientific method and apply it to areas of scientific study such as biology, chemistry, and physics through hands-on laboratory lessons.

## **Life Skills**

Students will be introduced to a variety of basic functional life skills to help prepare them for adulthood.

## **Psychology (1 semester)**

Students will be introduced to the scientific study of behavior and mental processes, specifically looking at the operations of the brain and its development through well-known case studies, all examined through the lens of a Christian worldview.

## **Economics (1 semester)**

Students will study macroeconomic concepts such as supply and demand, as well as discuss personal finance and business entrepreneurship.